JANUARY 2026 — RYE (HARBOUR)

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	TH		08 40	3.0	21 19	3.0
2	F		09 43	3.4	22 16	3.3
3	SA	O	10 41	3.5	23 09	3.5
4	**SU**		11 35	3.5	23 58	3.8
5	M				12 23	3.5
6	TU		00 41	3.8	13 05	3.5
7	W		01 22	3.8	13 48	3.4
8	TH		02 04	3.6	14 30	3.0
9	F		02 46	3.4	15 13	2.8
10	SA	☾	03 30	3.0	16 00	2.5
11	**SU**		04 17	2.6	16 54	2.2
12	M		05 11	2.4	17 56	2.0
13	TU		06 19	2.0	19 08	1.9
14	W		07 33	2.0	20 15	2.0
15	TH		08 38	2.3	21 13	2.4
16	F		09 32	2.5	22 00	2.6
17	SA		10 16	2.8	22 39	3.0
18	**SU**	●	10 54	3.0	23 15	3.1
19	M		11 29	3.0	23 49	3.4
20	TU				12 05	3.3
21	W		00 20	3.5	12 35	3.3
22	TH		00 51	3.5	13 07	3.4
23	F		01 25	3.6	13 40	3.4
24	SA		02 01	3.6	14 19	3.3
25	**SU**		02 43	3.5	15 02	3.0
26	M	☽	03 29	3.3	15 55	2.6
27	TU		04 25	2.9	17 03	2.3
28	W		05 42	2.5	18 43	2.0
29	TH		07 19	2.4	20 10	2.3
30	F		08 43	2.6	21 22	2.6
31	SA		09 52	3.0	22 20	3.1

Environment Agency

FEBRUARY 2026 — RYE (HARBOUR)

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	**SU**	O	10 50	3.3	23 09	3.5
2	M		11 37	3.5	23 52	3.8
3	TU				12 18	3.5
4	W		00 29	3.9	12 52	3.5
5	TH		01 06	3.9	13 27	3.5
6	F		01 41	3.8	14 00	3.3
7	SA		02 16	3.5	14 35	3.0
8	**SU**		02 49	3.1	15 11	2.6
9	M	☾	03 25	2.8	15 54	2.3
10	TU		04 11	2.3	16 56	1.9
11	W		05 20	1.9	18 13	1.7
12	TH		06 44	1.7	19 34	1.8
13	F		08 04	1.9	20 42	2.0
14	SA		09 07	2.3	21 35	2.5
15	**SU**		09 53	2.6	22 14	3.0
16	M		10 31	3.0	22 50	3.3
17	TU	●	11 06	3.3	23 25	3.5
18	W		11 42	3.5	23 59	3.8
19	TH				12 15	3.5
20	F		00 31	3.9	12 46	3.6
21	SA		01 04	4.0	13 19	3.6
22	**SU**		01 39	4.0	13 57	3.5
23	M		02 19	3.8	14 38	3.3
24	TU	☽	03 03	3.3	15 29	2.6
25	W		03 59	2.6	16 41	2.0
26	TH		05 27	2.2	18 33	1.9
27	F		07 23	2.0	20 09	2.0
28	SA		08 52	2.5	21 21	2.6

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Environment Agency

MARCH 2026 **RYE (HARBOUR)**

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	**SU**		09 57	2.9	22 14	3.1
2	M		10 46	3.3	22 58	3.5
3	TU	O	11 26	3.5	23 36	3.9
4	W				12 01	3.6
5	TH		00 11	4.0	12 31	3.6
6	F		00 45	3.9	13 01	3.5
7	SA		01 15	3.8	13 31	3.4
8	**SU**		01 44	3.5	13 59	3.1
9	M		02 09	3.3	14 23	2.9
10	TU		02 33	2.9	14 49	2.5
11	W	☾	03 07	2.4	15 31	2.0
12	TH		04 22	1.8	17 27	1.5
13	F		06 04	1.5	18 51	1.5
14	SA		07 26	1.7	20 04	2.0
15	**SU**		08 33	2.2	20 58	2.5
16	M		09 21	2.6	21 40	3.0
17	TU		10 01	3.0	22 18	3.4
18	W		10 38	3.4	22 55	3.6
19	TH	●	11 13	3.6	23 31	4.0
20	F		11 49	3.8		
21	SA		00 06	4.0	12 23	3.9
22	**SU**		00 42	4.1	12 58	3.9
23	M		01 18	4.0	13 37	3.6
24	TU		02 00	3.6	14 23	3.3
25	W	☽	02 47	3.1	15 19	2.6
26	TH		03 53	2.5	16 39	2.0
27	F		05 30	2.0	18 22	1.9
28	SA		07 25	2.0	19 59	2.2
29	**SU**		08 48	2.5	21 05	2.8
30	M		09 43	3.0	21 53	3.1
31	TU		10 26	3.3	22 34	3.5

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Environment Agency

APRIL 2026 **RYE (HARBOUR)**

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	W		11 01	3.5	23 11	3.8
2	TH	O	11 34	3.5	23 48	3.8
3	F				12 06	3.5
4	SA		00 20	3.8	12 35	3.5
5	**SU**		00 50	3.5	13 03	3.4
6	M		01 14	3.4	13 27	3.1
7	TU		01 34	3.0	13 47	3.0
8	W		01 57	2.8	14 13	2.6
9	TH		02 30	2.4	14 53	2.2
10	F	☾	03 28	1.9	16 41	1.8
11	SA		05 29	1.5	18 05	1.7
12	**SU**		06 46	1.8	19 17	2.0
13	M		07 50	2.2	20 13	2.5
14	TU		08 40	2.6	20 59	3.0
15	W		09 24	3.0	21 40	3.5
16	TH		10 04	3.5	22 20	3.8
17	F	●	10 42	3.6	23 00	4.0
18	SA		11 22	3.9	23 41	4.0
19	**SU**				12 02	3.9
20	M		00 21	4.0	12 42	3.9
21	TU		01 03	3.9	13 27	3.5
22	W		01 50	3.5	14 18	3.1
23	TH		02 46	3.0	15 19	2.8
24	F	☽	03 56	2.5	16 31	2.4
25	SA		05 25	2.0	17 55	2.2
26	**SU**		07 07	2.2	19 27	2.4
27	M		08 20	2.5	20 32	2.8
28	TU		09 12	2.8	21 21	3.1
29	W		09 53	3.0	22 04	3.4
30	TH		10 30	3.3	22 42	3.5

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Environment Agency

MAY 2026 **RYE (HARBOUR)**

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	F	O	11 03	3.4	23 20	3.5
2	SA		11 37	3.4	23 55	3.5
3	**SU**				12 11	3.4
4	M		00 26	3.4	12 41	3.3
5	TU		00 51	3.1	13 07	3.1
6	W		01 14	3.0	13 29	3.0
7	TH		01 38	2.6	13 59	2.8
8	F		02 15	2.4	14 42	2.5
9	SA	☾	03 12	2.0	15 50	2.2
10	**SU**		04 46	1.9	17 11	2.0
11	M		05 59	2.0	18 21	2.2
12	TU		07 02	2.3	19 21	2.5
13	W		07 57	2.6	20 13	3.0
14	TH		08 43	3.0	21 00	3.4
15	F		09 28	3.4	21 46	3.6
16	SA	●	10 13	3.5	22 33	3.9
17	**SU**		10 59	3.8	23 20	4.0
18	M		11 46	3.8		
19	TU		00 08	3.9	12 33	3.8
20	W		00 56	3.6	13 23	3.5
21	TH		01 49	3.4	14 16	3.4
22	F		02 46	3.0	15 11	3.0
23	SA	☽	03 50	2.6	16 11	2.8
24	**SU**		05 01	2.4	17 17	2.5
25	M		06 22	2.3	18 35	2.5
26	TU		07 33	2.4	19 45	2.6
27	W		08 28	2.5	20 41	2.9
28	TH		09 14	2.8	21 29	3.0
29	F		09 55	2.9	22 13	3.0
30	SA		10 34	3.0	22 54	3.1
31	**SU**	O	11 12	3.1	23 31	3.1

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Environment Agency

JUNE 2026 — RYE (HARBOUR)

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	M		11 49	3.1		
2	TU		00 05	3.0	12 23	3.1
3	W		00 35	3.0	12 52	3.1
4	TH		01 04	2.9	13 20	3.0
5	F		01 33	2.8	13 51	3.0
6	SA		02 07	2.5	14 29	2.8
7	**SU**		02 50	2.5	15 16	2.6
8	M	☾	03 46	2.3	16 14	2.5
9	TU		04 53	2.3	17 17	2.5
10	W		06 02	2.4	18 24	2.6
11	TH		07 07	2.5	19 26	2.9
12	F		08 05	2.9	20 25	3.1
13	SA		09 00	3.0	21 21	3.5
14	**SU**		09 54	3.4	22 16	3.5
15	M	●	10 48	3.5	23 11	3.6
16	TU		11 41	3.6		
17	W		00 06	3.6	12 30	3.8
18	TH		00 56	3.5	13 18	3.6
19	F		01 47	3.4	14 06	3.5
20	SA		02 38	3.1	14 54	3.4
21	**SU**	☽	03 30	2.9	15 44	3.1
22	M		04 23	2.5	16 37	2.9
23	TU		05 22	2.4	17 36	2.5
24	W		06 27	2.2	18 45	2.5
25	TH		07 33	2.2	19 53	2.5
26	F		08 31	2.4	20 55	2.5
27	SA		09 23	2.5	21 47	2.6
28	**SU**		10 10	2.8	22 33	2.9
29	M	O	10 52	3.0	23 11	3.0
30	TU		11 29	3.1	23 47	3.0

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Environment Agency

JULY 2026 **RYE (HARBOUR)**

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	W				12 05	3.1
2	TH		00 19	3.0	12 35	3.3
3	F		00 49	3.0	13 04	3.3
4	SA		01 17	3.0	13 34	3.3
5	**SU**		01 48	3.0	14 08	3.3
6	M		02 23	2.9	14 47	3.1
7	TU	☾	03 07	2.8	15 33	3.0
8	W		03 57	2.6	16 27	2.9
9	TH		05 00	2.5	17 32	2.6
10	F		06 20	2.4	18 50	2.6
11	SA		07 40	2.5	20 06	2.9
12	**SU**		08 49	2.8	21 15	3.0
13	M		09 52	3.0	22 19	3.4
14	TU	●	10 48	3.5	23 17	3.5
15	W		11 40	3.6		
16	TH		00 08	3.6	12 25	3.9
17	F		00 52	3.6	13 07	4.0
18	SA		01 36	3.5	13 49	3.9
19	**SU**		02 17	3.4	14 30	3.6
20	M		02 58	3.0	15 12	3.4
21	TU	☽	03 41	2.8	15 56	3.0
22	W		04 29	2.4	16 46	2.5
23	TH		05 27	2.0	17 47	2.2
24	F		06 36	2.0	19 02	2.0
25	SA		07 50	2.0	20 22	2.2
26	**SU**		08 56	2.3	21 27	2.4
27	M		09 49	2.6	22 15	2.6
28	TU		10 31	3.0	22 52	2.9
29	W	O	11 07	3.1	23 24	3.0
30	TH		11 41	3.4	23 56	3.1
31	F				12 12	3.5

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Environment Agency

AUGUST 2026 — RYE (HARBOUR)

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	SA		00 26	3.1	12 41	3.5
2	**SU**		00 54	3.3	13 11	3.5
3	M		01 23	3.3	13 42	3.5
4	TU		01 57	3.3	14 19	3.5
5	W		02 35	3.1	15 01	3.4
6	TH	☾	03 22	2.9	15 52	3.0
7	F		04 21	2.5	16 59	2.5
8	SA		05 55	2.0	18 37	2.4
9	**SU**		07 36	2.3	20 09	2.5
10	M		08 51	2.6	21 24	3.0
11	TU		09 53	3.0	22 26	3.3
12	W	●	10 45	3.5	23 17	3.5
13	TH		11 30	3.9		
14	F		00 00	3.8	12 11	4.0
15	SA		00 37	3.8	12 49	4.0
16	**SU**		01 12	3.6	13 25	4.0
17	M		01 46	3.5	14 01	3.8
18	TU		02 22	3.3	14 38	3.5
19	W		03 00	2.9	15 16	3.0
20	TH	☽	03 44	2.5	16 02	2.5
21	F		04 41	2.0	17 04	2.0
22	SA		05 51	1.8	18 20	1.8
23	**SU**		07 12	1.9	19 49	1.9
24	M		08 29	2.2	21 06	2.3
25	TU		09 24	2.5	21 50	2.6
26	W		10 04	3.0	22 22	3.0
27	TH		10 37	3.3	22 54	3.3
28	F	O	11 09	3.5	23 26	3.4
29	SA		11 42	3.6	23 58	3.5
30	**SU**				12 14	3.8
31	M		00 27	3.5	12 44	3.9

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Environment Agency

SEPTEMBER 2026 — RYE (HARBOUR)

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	TU		00 57	3.6	13 16	3.9
2	W		01 31	3.5	13 52	3.8
3	TH		02 10	3.4	14 34	3.4
4	F	☾	02 57	2.9	15 26	2.9
5	SA		04 02	2.3	16 47	2.3
6	**SU**		05 56	2.0	18 45	2.2
7	M		07 34	2.2	20 15	2.5
8	TU		08 48	2.6	21 25	3.0
9	W		09 44	3.3	22 18	3.5
10	TH		10 30	3.6	23 01	3.6
11	F	●	11 11	4.0	23 38	3.9
12	SA		11 50	4.1		
13	**SU**		00 12	3.9	12 25	4.1
14	M		00 43	3.8	12 58	4.0
15	TU		01 14	3.5	13 31	3.8
16	W		01 47	3.4	14 01	3.4
17	TH		02 19	3.0	14 33	3.0
18	F	☽	02 55	2.5	15 15	2.4
19	SA		03 55	2.0	16 28	1.9
20	**SU**		05 13	1.8	17 46	1.7
21	M		06 32	1.8	19 10	1.8
22	TU		07 48	2.2	20 24	2.3
23	W		08 43	2.5	21 08	2.6
24	TH		09 24	3.0	21 44	3.0
25	F		10 00	3.4	22 18	3.4
26	SA	O	10 34	3.6	22 53	3.5
27	**SU**		11 08	3.9	23 26	3.8
28	M		11 43	4.0	23 59	3.9
29	TU				12 18	4.0
30	W		00 33	3.9	12 52	4.0

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Environment Agency

OCTOBER 2026 — RYE (HARBOUR)

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	TH		01 10	3.6	13 31	3.8
2	F		01 53	3.4	14 17	3.3
3	SA	☾	02 46	2.9	15 19	2.6
4	**SU**		04 05	2.3	16 59	2.2
5	M		05 47	2.0	18 44	2.2
6	TU		07 19	2.4	20 09	2.5
7	W		08 30	2.9	21 10	3.0
8	TH		09 22	3.4	21 56	3.5
9	F		10 06	3.8	22 36	3.6
10	SA	●	10 45	4.0	23 10	3.8
11	**SU**		11 23	4.0	23 44	3.8
12	M		11 59	4.0		
13	TU		00 15	3.6	12 31	3.8
14	W		00 47	3.5	13 01	3.5
15	TH		01 16	3.4	13 29	3.3
16	F		01 44	3.0	13 55	2.9
17	SA		02 12	2.8	14 31	2.4
18	**SU**	☽	02 58	2.3	15 55	2.0
19	M		04 32	2.0	17 13	1.7
20	TU		05 45	1.9	18 26	1.9
21	W		06 56	2.2	19 32	2.2
22	TH		07 52	2.5	20 22	2.6
23	F		08 37	3.0	21 03	3.0
24	SA		09 17	3.4	21 41	3.5
25	**SU**		09 55	3.8	22 17	3.6
26	M	O	10 34	4.0	22 55	3.9
27	TU		11 12	4.0	23 33	4.0
28	W		11 54	4.0		
29	TH		00 15	4.0	12 34	4.0
30	F		00 57	3.8	13 19	3.6
31	SA		01 47	3.4	14 14	3.1

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Environment Agency

NOVEMBER 2026 **RYE (HARBOUR)**

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	**SU**	☾	02 47	3.0	15 26	2.6
2	M		04 00	2.5	16 53	2.4
3	TU		05 22	2.4	18 24	2.4
4	W		06 47	2.5	19 41	2.5
5	TH		07 57	2.9	20 39	3.0
6	F		08 50	3.3	21 25	3.1
7	SA		09 36	3.5	22 05	3.4
8	**SU**		10 16	3.6	22 40	3.5
9	M	●	10 56	3.6	23 16	3.5
10	TU		11 33	3.6	23 51	3.5
11	W				12 08	3.5
12	TH		00 25	3.5	12 39	3.4
13	F		00 55	3.4	13 07	3.0
14	SA		01 23	3.1	13 36	2.8
15	**SU**		01 52	2.9	14 09	2.5
16	M		02 29	2.5	15 04	2.2
17	TU	☽	03 30	2.3	16 25	2.0
18	W		04 45	2.2	17 34	2.0
19	TH		05 54	2.2	18 38	2.2
20	F		06 55	2.5	19 33	2.5
21	SA		07 47	2.9	20 20	2.9
22	**SU**		08 34	3.3	21 03	3.3
23	M		09 19	3.5	21 46	3.5
24	TU	O	10 05	3.9	22 31	3.8
25	W		10 51	4.0	23 18	3.9
26	TH		11 38	4.0		
27	F		00 05	3.9	12 28	3.9
28	SA		00 53	3.8	13 17	3.5
29	**SU**		01 45	3.5	14 14	3.3
30	M		02 41	3.3	15 18	2.9

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Environment Agency

DECEMBER 2026 — RYE (HARBOUR)

Date			HEIGHTS ABOVE ORDNANCE DATUM (NEWLYN) High Water			
			Morning		Afternoon	
			Time	m	Time	m
1	TU	☾	03 40	3.0	16 27	2.5
2	W		04 44	2.8	17 41	2.5
3	TH		05 56	2.6	18 54	2.5
4	F		07 09	2.8	19 56	2.5
5	SA		08 10	2.9	20 48	2.8
6	**SU**		09 02	3.0	21 32	3.0
7	M		09 50	3.1	22 14	3.1
8	TU		10 33	3.3	22 54	3.3
9	W	●	11 12	3.3	23 32	3.4
10	TH		11 50	3.3		
11	F		00 08	3.4	12 23	3.1
12	SA		00 40	3.4	12 52	3.0
13	**SU**		01 09	3.3	13 21	2.9
14	M		01 37	3.0	13 51	2.6
15	TU		02 07	3.0	14 26	2.5
16	W		02 47	2.8	15 10	2.4
17	TH	☽	03 36	2.6	16 08	2.3
18	F		04 37	2.5	17 22	2.2
19	SA		05 46	2.5	18 34	2.4
20	**SU**		06 55	2.6	19 37	2.5
21	M		07 57	3.0	20 34	3.0
22	TU		08 54	3.3	21 28	3.3
23	W		09 49	3.5	22 21	3.5
24	TH	O	10 43	3.6	23 13	3.8
25	F		11 36	3.8		
26	SA		00 05	3.9	12 28	3.8
27	**SU**		00 51	4.0	13 15	3.6
28	M		01 37	3.9	14 05	3.5
29	TU		02 25	3.6	14 56	3.1
30	W	☾	03 14	3.5	15 48	2.9
31	TH		04 05	3.0	16 44	2.5

Time Zone UT(GMT)

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